

Personal Details:

Zayed University/ Dubai, UAE
 College of Sustainability Sciences & Humanities
 Public Health Nutrition Department (NSPH)
 Mobile: +971 56 950-1179
 Email: haleemah.AISabah@zu.ac.ae or
haleama@hotmail.com



Education

- 1) **2011 - 2012: Post- Doctorate**, Nutrition Research Fellow (Obesity and Diabetes Management). **Fulbright Visiting Scholar**; Energy Metabolism Lab/ Jean Mayer Human Nutrition Center/ **Tufts University Medical Center, Boston, USA.**
- 2) **2004 - 2008: PhD in Public Health Nutrition and Health Sciences/ Doctor in Medical Sciences.** Public Health Department/ Faculty of Medicine and Health Sciences; **Gent University, Belgium.**
Doctoral Thesis: Nutrition-Related Behaviours among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004).
- 3) **2004 - 2005: Doctoral Training Program/ Doctorate in Nutrition Certificate**
Core Courses: Nutritional Epidemiology; Nutrition Planning; Nutrition Project, Nutrition Disorders; and Nutrition Intervention; Food and Diet Therapy, Community Health and Nutrition, **Gent University, Belgium.**
- 4) **1998 – 2000: Master of Philosophy in International Community Health.** Faculty of Medicine/ International Community Health and Nutrition; **Oslo University, Norway.**
Master's Thesis: Diabetes Self-management in Rural Palestinian Community.
- 5) **1997- 1998 - High Diploma in Primary Health Care.** Institute of Community Health/ Primary Health Care (PHC); **Birzeit University, Palestine.**
Research: Prevalence of anemia among pregnant women at the Palestinian Red Crescent Society hospital (PRCS)/ **Ramallah.**
- 6) **1986 - 1990 – B.A in Public Health Nutrition.** Department of Public Health/ Faculty of Medicine; **Jordan University of Science and Technology (JUST); Irbid, Jordan.**

Membership

- Member at betterCare together (2014-Present):
http://www.bettercaretogether.org/members?keyword=&items_per_page=20&page=1
- An-Najah University IRB School of Medicine (2010 -2013)
- An-Najah University Medical Journal (Editorial Board) (2010-2013).
- Palestinian Food and Nutrition Association (PFNA), 2011-2013
- Palestinian Dieticians Syndicate, 2013
- Global Science Heritage Journal Editorial board (2011-present)
<http://globalscienceheritage.org/submit-journal/editorial-board/>
- Journal Editorial board: Associate Editor at MOJ Public Health (MOJPH) (2014 –present)
<http://medcraveonline.com/MOJPH/editorial-board>

Academic and Teaching Experience

- **2013 – to present: Assistant Professor, teaching** at the College of Sustainability, Sciences & Humanities/ Department of Public Health Nutrition / **Zayed University (Full-time appointment).**
- **2009-2013: Head of the Public Health Department and Assistant Professor, teaching** at the Faculty of Medicine and Health Sciences/ **An-Najah National University (Full-time appointment).**
- **2010-2011:** Coordinator for the Master Students Program in Public Health.
- **2010- 2011: Assistant Professor** for students in Human Nutrition and Dietetics, teaching Community Nutrition course/ **Birzeit University (Part-time).**
- **2008-2010: Assistant Professor** for Medical Students and Master Students in Public Health /**Al Quds University (Part-time).**
- **2004: Nutritional Counseling for specific age groups course:** adolescents, reproductive age (pregnancy), menopausal woman, and elderly. Faculty of Community Health/ **UPMRC.**
- **2002-2003: Principles of Human Nutrition course.** Master students in Public Health, Faculty of Public Health/ **Al Quds University.**
- **1996-1998:** Human Nutrition, Health services administration, Food manufacturing, Maternal and Child Health Care (MCH) courses/ **Palestine Technical Colleges-Ramallah**

Courses Taught

Courses taught for both Master and Undergraduate students since 2009

a) Courses at Zayed University (2013 – to present)

- HSC - 450: Planning and Evaluation in Health Promotion and Health Education
- HSC - 460: Literature Seminars
- HSC - 466: Research Methods
- HSC - 491: Senior Project
- HSC - 490A: Natural Science & Public Health Internship

b) Courses at Universities in Palestine (2009 – 2013):

Master students in Public Health	Credit Hours	*Undergraduate students	Credit Hours
Health Services Administration	3	Clinical Nutrition	2
Public Health	3	Principles of Human Nutrition	3
Health Promotion	3	Research Methods	3
Health Education	3	Meal Planning	3
Maternal and Child Health (MCH)	3	Nutrition Related Diseases	3
Research Methods	3	Community Nutrition	4
Food and Nutritional Sciences	3	Women's Health Issues	2
Nutritional Epidemiology	3	Epidemiology	3
Project Management	2		

*Medical students, Human Nutrition and Dietetics, Pharmacological and Phar.D. and Nursing students.

Non-Academic Experience in Nutrition and Clinical Nutrition

- **2011- 2013: Private Nutrition clinic:** Weight management, diet therapy and meal planning for obese and diabetic patients, **Ramallah**
- **1990 – 1995: Nutritionist and Diet Therapy:** Working in **hospitals** in Amman-Jordan, (Al-Rahmeh Gen. Hospital, Jerusalem Hospital and training in the Islamic Hospital). Meal planning for patients of diabetes, CVD, peptic ulcer, kidney disease, overweight and obesity. Working at the hospital outpatients nutrition clinic for Patients counseling in food and diet therapy, Amman, **Jordan**
- **1995-1996: Nutritionist:** focusing on meal planning, weight management, and nutrition education for obese women, **Palestine Centre for Body Fitness – Ramallah**
- **1995-1998: Health Services Director and Nutritionist,** meal planning and diet therapy for hospitalized patients, Palestinian Red Crescent Society (**PRCS**)-Maternity Hospital **Al-Bireh**.

Research grants

- **Al-Darmaki, F., Haroun, D., Ghali, R., Chung, M., & Al Sabbah, H. (2015)** Co-Investigator for research: Investigating Bullying Behaviors among College Students and its Correlates at Zayed University.
- **Al Sabbah, H. & Dabeet, E., (2014) R14121:** Research Incentive Fund (RIF)/ Water pipe Smoking among University Students: Knowledge, Attitudes, Practice and Dependence, Principal Investigator. Funded by Zayed University, UAE (77,470 AED).
- **Al Sabbah, H. START-UP PROJECT, Principal Investigator (2014) R14074:** Prevalence of overweight, obesity, anemia, and their associations with dietary habits among female students at Zayed University, UAE (8,800 AED).
- **Al Sabbah, H (2011):** Visiting Fulbright Scholar, 1/8/11- 31/7/12. Total grant: (\$30,250).
- **Al Sabbah, H (2010):** Lead Researcher for Ethnographic and Knowledge, Attitude and Practice (KAP) study Institutional Consultancy (Breast Feeding), Funded by UNICEF (\$28,500).

Scholarships and awards

- **2011-2012, Fulbright** Scholarship for **Post-Doctorate** in Nutrition and research. **Tufts University, Boston, USA.**
- **2010, May,** The 3rd World Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy) awarded the **CODHy Best Abstract Award Obesity Category, Prague, Czech Republic.**
- **2004-2008,** Belgian Technical Cooperation (**BTC**) Scholarship for **PhD** in Public Health Nutrition. **Gent University, Belgium.**

- **1998- 2000:** Norwegian Government Quota Program Scholarship for **Master** in International Community Health. **Oslo University, Norway.**
- **1997- 1998:** Birzeit University Scholarship for **High Diploma** in Primary Health Care. **Birzeit University, Palestine.**

Intellectual Contributions:

Scholarly productivity based on *h* Index:

Scopus Index: *h* = 5

1) Refereed Articles in International Peer-reviewed Journals:

- *Al Sabbah H., Qamhia N., Younis M.* Consumption Patterns and Side Effects of Energy Drinks among University Students in Palestine: Cross-Sectional Study. *MOJ Public Health* 2015. <http://medcraveonline.com/MOJPH/>
- *Jildeh, C., Abdeen, Z., Al Sabbah, H., Papandreou, C., Ghannam, I., Nancy Weller, Anastas Philalithis.* Labor and Related Injuries among Schoolchildren in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2006). *ISRN Pediatrics* 2014. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4003913/>
- *Jildeh, C., Abdeen, Z., Al Sabbah, H., Philalithis, A. E.* Unintentional Injuries among School-Aged Children in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2006). *International Journal of Population Research* 2013. <http://www.hindawi.com/journals/ijpr/2013/629159/>
- *Abdeen, Z., Jildeh, C., Dkeideek, S., Qasrawi, R., Ghannam, I., Al Sabbah, H.* Overweight and Obesity among Palestinian Adults: Analyses of the Anthropometric Data from the First National Health and Nutrition Survey (FNHANS) 1999-2000. *Journal of Obesity* 2011. <http://www.hindawi.com/journals/jobes/aip/213547/>
- *Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L.* Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). *International Journal of Eating Disorders. Int J Eat Disord* 2009. <http://www3.interscience.wiley.com/journal/122382378/abstract>
- *Al Sabbah, H., Vereecken, C., Elgar, F., Nansel, T., Aasvee, K., Abdeen, Z., Ojala, K., Ahluwalia, N., & Maes, L.* Body Weight Dissatisfaction and Communication with Parents among Adolescents in 24 Countries: International Cross-Sectional Survey. *BMC Public Health* 2009,9:52,1-10.<http://www.biomedcentral.com/content/pdf/1471-2458-9-52.pdf>
- *Vereecken, C., Dupuy, M., Rasmussen, M., Kelly, C., Nansel, T. R., Al Sabbah, H., Baldassari, D., Jordan, M. D., Maes, L., Nielsen, B. V., Ahluwalia, N., & the HBSC Eating & Dieting Focus Group.* Breakfast consumption and its socio-demographic and lifestyle correlates in schoolchildren in 41 countries participating in the HBSC study. *International Journal of Public Health* 2009. <http://www.springerlink.com/content/4x331774w7w04851/fulltext.pdf>
- *Due P, Damsgaard MT, Rasmussen M, Holstein BE, Sorensen TIA, Wardle J, Merlo J, Currie C, Ahluwalia N, Lynch J, Borraccino A, Borup I, Boyce W, Elgar F, Gabhain SN, Krolner R, Matos MC, Nansel T, Al Sabbah H., Svastisalee C, Valimaa R, Vereecken C.* Socioeconomic position, macro-economic environment, and overweight among adolescents in 35 countries. *International Journal of Obesity* 2009, 33, 1084-1093. http://www.education.ed.ac.uk/cahru/publications/Position_Environ_Obesity_in_adolescents.pdf

- **Al Sabbah, H., Vereecken, C., Abdeen, Z. Coats, E. & Maes, L.** Associations of Overweight and of Weight Dissatisfaction among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004): **Journal of Human Nutrition and Dietetics** 2008, 22, 40-49. <http://www.ncbi.nlm.nih.gov/pubmed/18759957>
- **Al Sabbah, H., Vereecken, C., Kolsteren, P., Abdeen, Z. & Maes, L.** Food Habits and Physical Activity Patterns among Palestinian Adolescents: findings from the national study of the Palestinian schoolchildren (HBSC-WBG2004): **Public Health Nutrition** 2007, 10, 739-746. <http://www.ncbi.nlm.nih.gov/pubmed/17381946>

2) Refereed Abstracts in International Peer-reviewed Journals:

- **Al Sabbah, H., Hamadna, A., Abu Ghazaleh, L., Dudin, A., & Karmi, B.** (2013). New Cases of Beta Thalassemia Major After Implementation of Prenatal Testing: a cross-sectional survey. **The Lancet** 2013. <http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2813%2962576-3/abstract>
- **Al Sabbah, H. & Rashed, O.** Effect of Diabetes Education Program on Type 2 Diabetic Patients in Palestine. **Journal of Diabetes Technology & Therapeutics** 2014: ATTD, P-326.
- **Qadah, Kh., Al-Aker, M., Al Sabbah, H.** Pharmacy practice in occupied Palestinian territory: reality and difficulties. **The Lancet** 2011. Published Online July 5, 2011. <http://download.thelancet.com/flatcontentassets/pdfs/palestine/palestine2011-11.pdf>

3) Books Published at Amazon:

http://www.amazon.com/Haleama-Al-Sabbah/e/B00JDRTJMQ/ref=sr_tc_2_0?qid=1420927238&sr=1-2-ent

- **Al Sabbah, H.** Diabetes Self-Management in Rural Palestinian Community. **Publisher: LAP LAMBERT Academic Publishing (Sept. 22, 2011).** ISBN-13: 978-3-8465-1183-1
- **Al Sabbah, H.** Nutrition-Related Behaviors among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). **Publisher: VDM (Sept. 4, 2009).** ISBN-10: 3639152794

4) Thesis Supervisor For Master Students in Public Health (Published at An-Najah University Website)

- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Effect of Diabetes Educational Programs on Type 2 Diabetic patients in Tulkarm Directorate of Health. **Researcher: Osama Rashed.** Master in *Public Health Program, An-Najah National University* **October 2012.** <http://scholar.najah.edu/content/effect-diabetes-education-program-type-2-diabetic-patients-tulkarm-directorate-health>
- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Quality of Primary Health Care Delivered to Children Under 5 Years Old in North West-Bank. **Researcher: Bahiyah Abed El Jalil Mustafa Sholi.** Master in *Public Health Program, An-Najah National University, December 2011.* <http://scholar.najah.edu/content/quality-assessment-primary-health-care-delivered-children-under-5-years-old-north-west-bank>

- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Prevalence of overweight and obesity and their associations with dietary habits among students from An-Najah National University: A cross-sectional study. **Researcher: Bassam Abu Shanab.** Master in *Public Health Program, An-Najah National University, August 2011.* <http://scholar.najah.edu/content/prevalence-overweight-and-obesity-and-their-associations-dietary-habits-among-students-najah>
- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Main Causes of Male Infertility in Two Infertility Centres in West Bank. **Researcher: Rania Wasef Mustafa Abu El Haija.** Master in *Public Health Program, An-Najah National University, June 2011.* <http://scholar.najah.edu/content/main-causes-infertility-among-men-treated-razan-centers-west-bank-retrospective-study>
- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Major Risk Factors that lead to Onset End-Stage Renal Disease in Northern West Bank. **Researcher: Kathem Nathme Basheer Al-Khawadreh.** Master in *Public Health Program, An-Najah National University, February 2011.* <http://scholar.najah.edu/content/major-risk-factors-lead-onset-end-stage-renal-disease-northern-west-bank>

5) Thesis Supervisor for 6th year Medical Students

- **Haleama Al Sabbah: Main Supervisor. Thesis title:** New Thalassemia Cases in West Bank After the Year 2002. **Researchers: Yazan Zayed and Isra' Ismail.** Doctor of Medicine degree (MD), Faculty of Medicine, An-Najah National University, Nablus, **May 2012.**
- **Haleama Al Sabbah: Main Supervisor. Thesis title:** New Cases of B Thalassemia Major After Implementation of Prenatal Testing in West Bank. **Researchers: Abdallah Hamadneh & Lamia Abu Ghazale.** Doctor of Medicine degree (MD), Faculty of Medicine, An-Najah National University, Nablus, **May 2012.**
- **Haleama Al Sabbah: Main Supervisor. Thesis title:** Drinking Patterns and Side Effects of Energy Drinks among An-Najah National University Students. **Researcher: Naeem Zaid Qamhiya.** 6th year medical student, *Faculty of Medicine, An-Najah National University, May 2011.*

6) Senior projects supervisor for undergraduate students in Public Health Nutrition at Zayed University (2013-2014)

- The Relationship between Disordered Eating Attitudes and Exercise Behavior among Female Students attending Zayed University-Dubai: A cross Sectional Study (**Shatha Ghandi Muhsineh: Fall 2014**).
- Use and knowledge of weight loss supplements among Zayed University Female Students (**Reem Mohsen Abdulrab: Fall 2014**).
- The association between oral health behavior and obesity among university female students at Zayed University in Dubai (**Fatima Mohamed Sulaiman: Fall 2014**).
- Body Image Perception Among Females at Zayed University in Dubai (**Khawla Matar Humaid Mubarak Al Mehairi: Spring 2014**).
- Microbial quality and antibacterial activity of common herbs in UAE (**Amna Hassan Abdulla Hassan Belghuzooz Alzarooni: Spring 2014**).

- The effect of olive oil and omega 3-6-9 oil on blood glucose and cholesterol levels (*Maryam Ali Mohammed Bujsaim: Spring 2014*).
- Prevalence of caffeinated drinks among Zayed University students (*Meitha Thani Rashed Mohamed Al Marri: Fall 2013*).
- Studies on Detox Diet among females in UAE aged 18-30 (*Shaikha Khalid Ahmad Mujrin Almarar: Fall 2013*).
- Knowledge and beliefs related to cervical cancer, Pap smear screening and HPV vaccination among women in Umm Al Qawain, UAE. (*Alia Saeed Ebrahim Essa Al Haran Al Ali: Fall 2013*).

7) Research Reports

- **Al Sabbah, H., Shaheen M.** Ethnographic and Knowledge, Attitude and Practice (KAP) study. The main objectives of this research are: to undertake the knowledge, attitude and practice study in relation to child care, dietary diversity and practices in West Bank and to identify recommendations for response to improve child care practices, particularly exclusive breastfeeding. **UNICEF- Ramallah, 2009-2010.**
- **Shaheen M., Salam, R., Al Sabbah, H., Shalabi, T., Swaitee, Y.** Improving Postpartum Care Among Low Parity Mothers in Palestine. Centre for Development in Primary Health Care (CDPHC) **Al Quds University. Ramallah, Palestine 2003.** Available at: http://www.popcouncil.org/pdfs/frontiers/FR_FinalReports/West_Bank_LowParity.pdf
- **Al Sabbah, H., Abu Khaled, K.** Social and Economical Characteristics of Disabled People in Palestine. Palestinian Central Bureau of Statistics (PCBS), **Ramallah, Palestine 2002.**
- **Al Sabbah, H.** Hearing Impairment among school children in Jenin District. Jenin Charitable Society, **Palestine 2002.**
- **Shahin, M., Abdeen, Z, Greenough, G, Shabaro, N., Tayback, M., Qasrawi, R., Al-Sabbah, H, Dandies, B.** Nutritional Assessment of West Bank and Gaza Strip 2002. <http://healthinform.net/files/nutrition/Nutritional%20Assessment%20of%20the%20WB%20&%20Gaza-Sep.02.doc>.

Visitor and speaker at Universities in the U.S.A

- **2012, April 25:** Body weight dissatisfaction and communication with parents, **Lecture, University of California San Francisco (UCSF), San Francisco, California, USA.**
- **2012, April 2-4:** Nutrition Related Behaviors among Palestinian adolescents, **Lecture, Rutgers University, New Jersey, USA.**
<http://ruevents.rutgers.edu/events/displayEvent.html?eventId=71773>
<http://nutrition.rutgers.edu/seminars.html>
- **2011- 2012:** Nutrition and Obesity conferences (3 conferences) and workshops (2 workshops) in addition to the weekly seminars conducted at the **Harvard School of Public Health, Tufts Medical Center and Boston School of Medicine, Boston, USA.**

Presentation of Refereed Papers

- Al Sabbah, H., Saeed A. (2015, February). Knowledge and beliefs related to cervical cancer, Pap smear screening and HPV vaccination among women in Umm Al Qawain, UAE. **Innovation Arabia 8 Conference (IA8) On behalf of HBMSU, Dubai, UAE.** Health and Environment Track. <http://www.innovationarabia.ae/program/day-1>
- Al Sabbah, H. & Rashed, O. (2014, February). Effect of Diabetes Education Program on Type 2 Diabetic Patients in Palestine. **7th International Conference on Advanced Technologies and Treatments for Diabetes, Vienna, Austria.**
- Al Sabbah, H. (2014, February). Nutrition-Related Behaviors among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren. **The Fourth Arab Conference for Obesity and Physical Activity, Kuwait, Kuwait.**
- Al Sabbah, H. & Rashed, O. (2014, March). Effect of Diabetes Education Program on Type 2 Diabetic Patients in Palestine. **Lancet Palestinian Health Alliance (LPHA) Conference, Amman, Jordan.**
- Al Sabbah, H., Hamadna, A., Abu Ghazaleh, L., Dudin, P., & Karmi, B. (2014, March). New Cases of Beta Thalassemia Major After Implementation of Prenatal Testing. **Lancet Palestinian Health Alliance (LPHA) Conference, Cairo, Egypt.**
- Al Sabbah, H. (December, 2013): New Cases of B-Thalassemia Major After Implementation of Prenatal Testing. **ZU Professional Development Week, Dubai, UAE.** <http://zusotldxb2013.sched.org/speaker/haleemaalsabbah#.VCL2oucVf18>
- Al Sabbah, H. & Nazmi, K. (2013, May). Major Risk Factors for the Onset of End-Stage Renal Disease. **International Symposium on Social Determinants of NCDs in Mediterranean Countries, Istanbul, Turkey.**
- Al Sabbah, H. Guest Speakers (June 2012). Biographies at **Young Arab Women Leaders. The Voice of the Future, AIWF Conference, Amman, Jordan.** <http://www.aiwfonline.com/Activities/Jordan2012.aspx>
- Al Sabbah, H. & Qamhia, N. (September 2012) Consumption Patterns and Side Effects of Energy Drinks among University Students in Palestine. **Nutrition and NCDs: A Palestinian Agenda. Ramallah, Palestine.** http://www.juzoor.org/portal/index.php?option=com_content&view=article&id=94&lang=en
- Al Sabbah, H. Associations of Overweight and of Weight Dissatisfaction among Palestinian Adolescents. Childhood & Adolescents Obesity: A WHOLE-SYSTEM, STRATEGIC APPROACH. 28 February - 1 March 2011 **Health Authority – Abu Dhabi.** www.medineo.org/pdf/Obesity%20Conference%20Book_print.pdf
- Zayed, Y., Hamadneh, A., Ismail, I., AbuGhazaleh, L., Karmi, B., Al Sabbah, H. (May 2011). New β Thalassemia Cases in West Bank – Palestinian Authority after The Year 2002. The 12th International Conference on Thalassemia and Other Haemoglobinopathies, and The 14th TIF Conference for Patients and Parents. TIF 11-15, **Antalya, Turkey.**
- Al Sabbah, H., Vereecken, C., Abdeen, Z., & Maes, L. (October 20-21 2010). Associations of Overweight and of Weight Dissatisfaction among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). **The 3rd International Medical Conference- An-Najah University.**

- Al Sabbah H. Consumption patterns and side effects of energy drinks among university students in Palestine. *J Nutr Food Sci* 2012. http://www.omicsonline.org/ArchiveJNFS/2155-9600-NutritionalScience-2012_AcceptedAbstracts.php
- Al Sabbah H. Overweight and obesity among university students in Palestine. *J Nutr Food Sci* 2012. http://www.omicsonline.org/ArchiveJNFS/2155-9600-NutritionalScience-2012_AcceptedAbstracts.php
- Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. (October, 2010). Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). *Nutrition Today for Tomorrow: a Focus on Palestinian Studies. Red Crescent Society/ Al Bireh, Palestine.*
- Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. (May, 2010). Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). *The 3rd World Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHY).* Prague Czech Republic. ***Abstract has been awarded as the best abstract in the conference for Obesity Category.*** <http://www.codhy.com/2010/BAC.aspx>
- Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. (2009) Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). ***19th International Congress of Nutrition, ICN 2009, Bangkok, Thailand.***
- Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. (May 2009). Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004)". ECO 2009 Pre-Congress: Health behaviour and status in European adolescents: The HELENA Project (Healthy Lifestyle in Europe by Nutrition in Adolescence), ***Amsterdam.***
- Al Sabbah, H., Vereecken, C., Elgar, F., Nansel, T., Aasvee, K., Abdeen, Z., Ojala, K., Ahluwalia, N., & Maes, L. (2008). Body Weight Dissatisfaction and Communication with Parents among Adolescents in 24 Countries: International Cross Sectional Survey. ***Public Health Without Borders, APHA 136th Annual meeting and Expo, San Diego, California (169660), U.S.A.***
- Due, P., Damsgaard, M., Rasmussen, M., Holstein, B., Sørensen, T., Wardle, J., Merlo, J., Currie, C., Ahluwalia, N., Lynch, J., Borraccino, A., Borup, I., Boyce, W., Elgar, F., Gabhain, S., Krølner, R., Matos, M., Nansel, T., Al Sabbah, H., Svastisalee, C., Välimaa, R., & Vereecken, C., (members of HBSC network). (May 2008) Macro-economic environment, social inequality and overweight among adolescents in 35 countries". ***Symposium "25 años del Estudio HBSC.***
- Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness (2006). Diabetes Self-Management in Rural Palestinian Community. The second conference of Jordanian Medical Schools, ***The third conference of Arab society of Medical Faculties. Jordan University of Science and Technology, Irbid, Jordan.***

- *Al Sabbah, H.* (2006) Nutritional Status of Palestinian Adolescents: Impact of Local and Global Policies. *MENA Region Arab Research Network with Support from Childwatch International. IRCKHF Premises, Amman, Jordan.*
- *Al Sabbah, H., Abdeen, Z., Vereecken, C., & Maes, L.* (2005) Nutrition-related habits and physical activity among Palestinian adolescents. *Childhoods 2005 Oslo Conference. Oslo, Norway (O-237, p. 260).* <http://childhoods2005.uio.no/952%20Childhood%20program1.pdf>
- *Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness.* (2005) Diabetes Self-Management in Rural Palestinian Community. *The First Medical and Health Sciences Conference. An-Najah University. Nablus, Palestine.*
- *Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness* (May 2000). Diabetes Self-Management in Rural Palestinian Community. Global Health in the 21st Century: Challenges in Health Research 12 - *1st Annual Student Scientific Conference (ASSC) of the Centre for International Health, University of Bergen, Bergen, Norway.*

Abstract Presentations (Conferences)

- **2006, April 26-27:** MENA Region Arab Research Network with Support from Childwatch International. IRCKHF Premises, **Amman, Jordan.**
Abstract Presentation: Nutritional Status of Palestinian Adolescents: Impact of Local and Global Policies.
- **2006, April 12-13:** The Second Conference of Jordanian Medical Schools, The Third Conference of Arab Society of Medical Faculties. Under the Patronage of Her Royal Highness Princess Muna Al-Hussein, **Jordan University of Science & Technology, University of Jordan, Mu'tah University, Hashemite University and King Abdullah University Hospital. Irbid, Jordan.**
Abstract Presentation: Diabetes Self-Management in Rural Palestinian Community.
- **2005, August 1st:** The First Medical and Health Sciences Conference. **An-Najah University. Nablus, Palestine.**
Abstract presentation: Diabetes Self-management in Rural Palestinian Community.
- **2005, June:** International Childhood Conference. **Oslo University. Oslo, Norway.**
Abstract presentation: Lifestyle, nutrition and physical activity among Palestinian adolescents. <http://childhoods2005.uio.no>
- **2005, May. HBSC Conference.** Health Behaviour for School aged Children (HBSC). **Gozo, Malta.**
Abstract presentation: food habits and physical activity patterns among Palestinian adolescents. www.hbsc.org
- **2005, February:** Child Nutrition in Israel and Palestine – Seeking Joint Initiatives. Funded by **Tufts University, USA.** <http://nutrition.tufts.edu/conferences/childhood/>
- **2005, February 7-9:** Chairperson for the Working Group on Behavioral Change and Communication.
Abstract presentation: the Palestinian experience with BCC.
<http://nutrition.tufts.edu/conferences/childhood/>
- **2000, May 12:** Global Health in the 21st Century; Challenges in Health Research,

1st Annual Student Scientific Conference (ASSC) of the Centre for International Health,
University of Bergen, Bergen, Norway.

Abstract presentation: Diabetes Self-management in Rural Palestinian Community.

- **1999, December 15: Poster presentation:** In connection with the 20th anniversary of the North-South Cooperation at the **University of Oslo. Oslo, Norway.**

Conferences (Attendance):

- **2014, March:** The First National Forum for Researchers in the United Arab Emirates. Coordinated by Ministry of Higher Education and Scientific Research. **Dubai, UAE.**
- **2014, January:** The First Arabian Gulf Public Health Research Conference. Intervention for a Healthier Future. The Emirates Center for Strategic Studies and Research. **Abu Dhabi, UAE.**
- **2012, April:** American Society for Nutrition (ASN) Scientific Sessions and Annual Meeting at Experimental Biology (EB) April 21-24 in San Diego, California. EB 2012 Conference. April 21-25, 2012, **San Diego, California, USA.**
- **2011, May 23rd:** The Scientific Day for Epidemiological and Biological Research. **Hebron University, Hebron, Palestine.**
- **2011, 5-7 April:** Fourth Arab Conference in Nutrition, Promoting Community Nutrition. **Jordan University, Amman, Jordan.**
- **2011, April 27th:** The Health Awareness Crisis in Palestine between: Customs and Traditions” in celebration of the World Health Day. Faculty of Nursing at **An-Najah University, Nablus, Palestine.**
- **2010, 9-10 October:** Nutrition Today for Tomorrow, **Ramallah, Palestine**
- **2010, May:** 2nd Annual National Health Conference/ **Ramallah, Palestine**
- **2010, March 1-2:** Health Under Israeli Occupation 2, Institute of Community Health, **Birzeit University, Ramallah, Palestine.**
- **2009, October 8-10:** Second International Medical Conference. Advances in Women Care. **An-Najah University, Nablus, Palestine.**
- **2009, April 30th -May 1st:** Fifth Scientific Conference/ Faculty of medicine. **Al Quds University, Jericho, Palestine.**
- **2008, November 19-20:** Children Have No Place in War. In Co-operation and With Support from ChildWatch International. MENA Child Research Network for "Children under Difficult Circumstances". **Kempinski Hotel, Amman, Jordan.**
- **2007, September 18-20:** Setting an ethical agenda for health promotion. **Gent University, Gent, Belgium.**
- **2006, November 12-14:** Health Behaviour for School aged Children (HBSC) meeting. **Lausanne, Switzerland**
- **2006, June 8-10:** Health Behaviour for School aged Children (HBSC) full meeting. **Budapest, Hungary.**

- **2006, May 29-31:** Researching Children and Childhood in a Globalised World. Norwegian Centre for Child Research, **Trondheim, Norway.**
- **2004, January 12-16:** The Scientific conference on Nutrition Programs: challenges & opportunities, Funded by USAID, **Amman, Jordan.**
- **2003, September 22-24:** Improving Children's Well-Being Now to Ensure A Better Future Tomorrow, conducted by the Palestinian National Authority, Ministry of Planning (NPA)- Secretariat of the National Plan of Action for Palestinian Children. Supported by **Canadian International Development Agency. Ramallah, Palestine.**
- **2002, August:** Nutrition Survey –2002, Press Conference on the Survey Results. Palestinian Central Bureau of Statistics (PCBS). **Ramallah, Palestine**

Consultancy and Research Experience

- **2012, March-June: Researcher on** Apple project using bomb calorimeter. **The main objective** of this study was to define the small and the large-size apple and the number of calories each one provides in order to compare the results with the USDA database. **Jean Mayer USDA Human Nutrition Research Center at Tufts University, USA.**
- **2011, January - June: Researcher on** Intervention Study to Prevent Excess Weight Gain During Pregnancy in Obese Women. The purpose of this study was to see if there are any weight or health benefits for women and their infants if they follow specific diet and behavior recommendations during pregnancy. **Jean Mayer USDA Human Nutrition Research Center at Tufts University, USA.**
- **2011, November-December: Consultant and Researcher** traveled to **Guinea-Bissau, Africa** working on Nutrition intervention study and the health situation in **Guinea-Bissau.** Micronutrient Fortified Food Aid Product Project funded by the United States Department of Agriculture (USDA). **Tufts University** in cooperation with **Global Food & Nutrition Inc.**
- **2011, May – July: Consultant in training:** homebuyer education package. **CHF, Ramallah.**
- **2010, June –August: Consultant and Researcher, Focus Groups team leader.** To develop a demand-driven homebuyer education package. **CHF, Ramallah.**
- **2009-2010, December –June: Lead researcher** for Ethnographic and Knowledge, Attitude and Practice (KAP) study Institutional Consultancy. The main objectives of this research are: to undertake the knowledge, attitude and practice study in relation to child care, dietary diversity and practices in the West Bank and to identify recommendations for response to improve child care practices, particularly exclusive breastfeeding. Funded by **UNICEF.**
- **2009, July-September: Country Researcher** at **UNICEF** (Evaluation of UNICEF Youth programs in West Bank: 'Palestinian Adolescents: Agents of Positive Change - Towards an Environment Promoting Peace and Reconciliation'. The evaluation conducted in the four countries where there are programme sites - occupied Palestinian territories (oPt), Jordan, Lebanon, and Syria. The evaluation will follow a standardised process in all four sites to provide consistent results. The overall goal of this programme was to provide a supportive and protective environment for Palestinian adolescents (10-18 years) living in oPt and in refugee camps in Jordan, Syria and Lebanon for healthy development, recreation, protection and participation. It also aimed at strengthening psychosocial resilience among adolescents against the impact of prolonged conflict and forced migration.

- **2009: Consultant in Research** at **UNIFEM** (Analysis of calls and complaints during the war on Gaza: findings from 121 Helpline phone counseling Survey/ SAWA organization).
- **2004-2008: PhD student, Researcher in Nutrition-Related Behaviours**, using data from Health Behaviour for School-aged Children Survey (**HBSC**). **Gent University, Belgium**.
- **2002-2004: MARAM Project/** contracted by American Near East Refugee Aid (**ANERA**). Main Responsibilities were: Office Manager for MARAM Jenin office, Health Research consultant, Grants Coordinator, Health/ nutrition programs, BCC, Behavioural Change and Communication Coordinator, Primary Health Care Clinics Needs Assessments and Procurement of medical equipment, and Maternity Homes Coordination and Evaluation, **Palestine**. Revenge
- **2000-2004: Researcher, Evaluator, Trainer and consultant in training**, Centre for Development in Primary Health Care (**CDPHC**) with specific focus on nutrition, food processing, family planning, environmental risks, and participatory rapid appraisal, **Palestine**.
- **2004: Research assistant** for PhD student (Dr. Nadeem Aledeeli/ **UNICEF**). Orphan children and single mothers in Palestine, **Palestine**.
- **2003: Evaluator**. Umdaleel Project evaluation/ Al Lod charitable society- Nablus, funded by Tamkeen organization, **USAID**. This project focused on training mothers in adopting healthy food habits and changing behaviours.
- **2003-2004: Researcher and project coordinator**, Cross-Border Partnership in Early Childhood research, Centre for Development in Primary Health Care (**CDPHC**). The main focus of this project was nutrition and mental health among children.
- **2003-2004: Researcher and project coordinator**, Child Research in Palestine. **Project number 42704**. The aim of the project is to strengthen child research capacities in Palestine, through co-operation between **Al-Quds University and NOVA**. The project also contributes actively with a network of child researchers in the Middle East and North Africa region. NOSEB and ChildWatch International are important partners in the project. Financial support from NUFU. <http://www.hioa.no/eng/About-HiOA/Centre-for-Welfare-and-Labour-Research/NOVA/Prosjekter/Prosjekter-sammenlignende-velferdspolitikk/Avsluttede-prosjekter/2007/Child-research-in-Palestine>
- **2002: Researcher and supervisor**. Clinic Nutritional Survey in Palestine/ Conducted by **Al Quds University, John Hopkins University and Care International**. Nutritional assessment for children aged 6-59 months, wasting, stunting and undernutrition. Data were collected from primary health care clinics records using a stratified sampling method.
- **2002: Researcher and supervisor**. Rapid Nutritional Survey in Palestine (Nutritional Assessment of the West Bank and Gaza Strip). Conducted by **Al Quds University, John Hopkins University and Care International**. Anthropometric measurements and blood analysis to assess the nutritional status among children aged 6-59 months and adolescents, in addition to 24-hour food re-call. Data collection was conducted by using household visits. http://www.google.ae/url?sa=t&rct=j&q=&esrc=s&source=web&cd=2&ved=0CCcQFjAB&url=http%3A%2F%2Fpdf.usaid.gov%2Fpdf_docs%2FPnacr368.pdf&ei=OvmuVLXoH7HY7Abcv4CgDQ&usg=AFQjCNH0HjiSIKmAwxmKI2ekL2mM3ZBg&sig2=Xv7zfP9dSy6E2SSvCEnZ0w&bvm=bv.83339334,d.ZGU
- **2002: Evaluator**. **UPMRC, Mobile clinic** (Prevention from Chronic Diseases Project) with the cooperation of **Birzeit University**. The main aim of the project was screening to assess the prevalence of diabetes, cardiovascular diseases, uterus cancer and breast cancer among

adults above 30 years old, in order to prevent complications and trying to treat cases at the first stage.

- **2001- 2002: Researcher and project coordinator.** Improving Postpartum Care Among Low Parity Mothers in Palestine: a research study conducted in cooperation with the Population Council and funded by **USAID**.
http://www.google.ae/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0CB4QFjAA&url=http%3A%2F%2Fwww.popcouncil.org%2Fuploads%2Fpdfs%2Ffrontiers%2FFR_FinalReports%2FWest_Bank_LowParity.pdf&ei=J_uuVPXxDor_7AbNuoGgBA&usg=AFQjCNE9tYZ_9X7dLHuCmYMoz6ehsDvZzQ&sig2=SIanwx8sYEBmSoeaT4HYA&bvm=bv.83339334,d.ZGU
- **2001-2002: Project Coordinator.** Community Health Workers Training Project in Jenin and Jericho districts in cooperation with the Ministry of Health and Patient Friend Society, funded by **MAP-UK**.
- **2001: Research Assistant.** Survey on the impact of current crisis on NGOs service delivery, **CDPHC**.
- **2001: Research Assistant.** Youth and smoking project, funded by **UNICEF** in cooperation with the Palestinian Ministry of Education (**MOE**).
- **2000-2001: Coordinator and Consultant. Pilot Health Project (PHP)** in cooperation with: Population Council funded by **USAID**. Final Evaluation of the Pilot Health Project in the West Bank and Gaza.
http://www.google.ae/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0CB4QFjAA&url=http%3A%2F%2Fpdf.usaid.gov%2Fpdf_docs%2FPdabw807.pdf&ei=A_2uVPjwIYKrUYm_gYAK&usg=AFQjCNGVy4OmrIxTIX7m-hv4dnY-f8pcRQ&sig2=xxHeC_ZhFNE8c2fQHtzdXw&bvm=bv.83339334,d.d24
- **2000- 2001: Project Coordinator.** Emergency Project (school teachers training), funded by **UNICEF** in cooperation with the Palestinian Ministry of Education/ directorate of Qabatia. The aim of this project was to train teachers to be trainers at their schools and areas in order to help emergency cases and prevent complications.

Training Courses

- **2014, June 5th.** Training Course in Sexual and Reproductive Health Research (online course). <http://www.gfmer.ch/SRH-Course-2014/participants/Haleama-Al-Sabbah.htm>
- **2009, July 5th –August 16th: Mentorship Program: Modern Practices of University Teaching and Learning Program workshops.** Main topics: needs assessment, course design and development, teaching/ Instructional Methods, Evaluation, E-learning. The course involved 20 participants ranging from professors to assistant professors. **Al Quds University 2009.**
- **2007, February 3rd -17th: COSPI: Combating Obesity Strategies for Prevention and Intervention.** Intensive course in obesity among children and adolescents. The course involved 42 PhD students in Nutrition and Food Sciences from all over Europe. **Graz University, Austria 2007.**
- **2007, May 6th -June 4th:** Summer Program in Social and Cultural Psychiatry, courses in research methodology, 30 participants from all over the world. **McGill University, Canada 2007.**

- **2007, April:** 3 intensive days training in **Multilevel analysis**. To analyze such hierarchical structures, there is a need for multilevel modelling, which allows studying the relationships between variables observed at different levels in the hierarchical structure. **Gent University, Belgium 2007.**
- **2007, March:** 4 intensive days training on **Logistic regression analysis**. This course shows how binary data can be modelled in terms of both categorical and continuous predictors. **Gent University, Belgium 2007.**
- **2006, October 9th -December 18th:** 2 months course in **Academic English Writing Skills in Biomedical Sciences**. **Gent University, Belgium 2006.**
- **2006, November:** 3 intensive days training on **Design and analysis of clinical trial**. Experiments involving the health of human beings carry serious challenges and risks, but form one of the richest sources of information on causal effects of interventions. **Gent University, Belgium 2006.**
- **2006, May: Permanent Training “low Countries Studies”.** The program consists of 10 lectures and a number of extra activities to get acquainted with Flanders, Belgium and Netherlands. **Gent University, Belgium 2006.**
- **2005, February:** 7 intensive days training on **Introductory Statistics. Basics of Statistical Inference**. This course aims to provide insight into statistical concepts with emphasis on practical applications. **Gent University, Belgium 2005.**
- **2005, March:** 7 intensive days training on **Analysis of Variance**. Analysis of Variance (ANOVA) is a statistical tool used in the comparison of means of a random variable in populations that differ in a characteristic (factor), e.g. treatment, concentration, subject, sex, age, etc. **Gent University, Belgium 2005.**
- **2003, December:** 3 days training on **Epidemiological studies, Jericho, Palestine.**
- **1999, March: Quality and knowledge in the development process system monitoring and Research-based evaluation in the project cycle.** **Oslo University, Norway 1999.**
- **1999, February: Reproductive health and gendered messages from Cairo:** How to categorize it into researchable questions in the areas of demography and health?, **Oslo University, Norway 1999.**
- **1999, December: Reproductive Health Epidemiology,** Fertility factors, specific studies (IVF register in France, Babies born after IVF, Fertility after ectopic pregnancy), by Professor Alfred Spira: University of Paris XI, Paris, France. **Birzeit University, Palestine 1999.**
- **2000, March:** District Health Information Systems (DHIS), **University of Oslo, Norway 2000.**

Workshops and Seminars:

- **2011, January 27th:** National Contact Point for FP7. Workshop in Research Development. **Ministry of Education and Higher Education, Al-Masyion, Ramallah, Palestine**

- **2010, April 8:** Urbanization and Health. Palestinian Ministry of Health (MOH). **Ramallah, Palestine**
- **2009, December 9-10:** The use of the food fortification formulator for establishing standards and practices of food control. USAID, A2Z and MOH. By Dr. Omar Dary from AED. **Ramallah, Palestine**
- **2009, October:** The Ma-Pi Diets and the Diabetes Project. Sponsored by Palestinian Academy for Science and Technology. **Ramallah, Palestine**
- **2009, July:** Modern Practices of University Teaching and Learning Program Workshops. Sponsored by the **World Bank**. **Al Quds University, Palestine**
- **2005, July:** The LQAS Training Workshop. Sponsored by **USAID** supported **Hanan MCHN Project**. **Ramallah, Palestine**
- **2005, July:** TV talk show by **Palestine TV**. Obesity among Children and adolescents. **Ramallah, Palestine**
- **2004, July 27:** Second Workshop on MENA Region, **Arab Research Network for Children under Difficult Circumstances**. Violence against Children and Safety of Children on Roads, at Home and at Schools. In cooperation with Norwegian Institute for Child Welfare Research. **Amman, Jordan**
- **2004, August:** A Policy Analysis Tool for Calculating the Health, **Child Spacing and Economic Benefits of Breastfeeding (BOB)**, Palestinian Nutritional Profiles, MARAM Project). Jay Ross and Helen Stiefel. The Academy for Educational Development /Washington, D.C. **Amman, Jordan**
- **2004, June 5-9: Health and nutrition behaviours**. Health Creative Festival for all MARAM project grantees, contractors and partners. **Ramallah, Palestine**
- **2003, June 19-23: MECIDS** (Middle East Consortium on **Infectious Disease Surveillance**). **Larnaca, Cyprus**
- **2003, August 10-13: Child Rehabilitation Initiative for Safety and Hope** workshop (Children Psycho trauma). **Nicosia- Cyprus**
- **2003, August 27-28:** Community Health Research Methods, Monitoring and Evaluation Capacity Building workshop, conducted by **MARAM Project (USAID)**. **Ramallah, Palestine**
- **2003, November:** A POLYCOM Training program in View Station Basics. **MARAM Project (USAID)**. **Ramallah, Palestine**
- **2003, November:** TV talk show by **Watann TV**. Type 2 Diabetes and Fasting. **Ramallah, Palestine**
- **2002, October:** TV talk show by **Watann TV**. Diabetes Self-Management in Palestine. **Ramallah, Palestine**
- **2002, June:** 5 days training of rules and regulations in providing USAID Grants and Grants management/**London**

- **2001, June 14-17:** Training of trainers' in public health and nutrition workshop, Tamkeen organization (USAID). **Ramallah, Palestine**
- **2001, May: Prevention & Treatment of Psychological Trauma: Critical Incident Stress Management** and Eye Movement Desensitisation and Reprocessing, by William J.Thomson: PhD, USA. **Birzeit University. Ramallah, Palestine**
- **1999, December:** Reproductive health epidemiology – workshop, **Birzeit University. Ramallah, Palestine**

Services inside and outside university

1) Administrative work

- 2009 - Public Health **Master Program Coordinator** at An Najah University.
- 2009- **Head of the Public Health Department** at the Faculty of Medicine, An-Najah University.

2) Committees

- 2014 -2015: **Team member at Creative Healthy Initiatives Project (CHIP 1 and CHIP 2):** CHIP is a collaborative project between Dubai Health Authority and **Zayed University Campus in Dubai.**
- 2014-2015: member of **Cluster Group (PHN). Zayed University, UAE.**
- 2015, 12.February: 1st Annual Public Health Nutrition Research Forum. Member of the **Organizing Committee. Zayed University, UAE.**
<http://www.zu.ac.ae/main/en/phn/contact.aspx>
- 2015, 16-19 February: Innovation Arabia 8 Conference (IA8) On behalf of **HBMSU, Dubai, UAE.** Member of the **Technical Committee.**
- 2014, December: 1st Annual Bright Start Parenting Event in UAE. Member of the **Scientific Committee. Supreme Council for Family Affairs, Sharja, UAE.**
<http://www.womanandchildhealth.org/index.php>
- 2010 -2013: An-Najah University **IRB** (Research Ethical committee) School of Medicine.
- 2010, 20-21 October: **Scientific Committee Chairman**, The Third International Medical Conference, Adolescent's and Youth Health: Development and Future Challenges. **An-Najah University, Nablus, Palestine.**
- 2011 - Committee member: **Faculty of Medicine and Health Sciences Re-structuring Committee. An-Najah University, Nablus, Palestine.**
- 2011 - Chair, **Master Program in Public Health Evaluation Committee. An-Najah University, Nablus, Palestine.**
- 2010 **Faculty of Medicine and Health Sciences Council** (Member). **An-Najah University, Nablus, Palestine.**

- 2009 -2012- Palestinian Ministry of Education and Ministry of Health (**Breast Feeding Committee, Health Promotion Committee, Committee of School Health Curricula**)

3) Thesis Examiner for Master Students in Public Health

- **Haleama Al Sabbah:** External Examiner. Thesis title: Food Habits and Physical activity Patterns among School Children in Bethlehem District. Researcher: **Ayman Al Assa,** Master in Public Health, Faculty of Public Health, Al Quds University, December 2012.
- **Haleama Al Sabbah:** Internal Examiner. Thesis title: The Impact of Exclusive Breastfeeding on Infant Morbidity in the first six months of Infant's life in Nablus Refugee Camps. Researcher: **Shaden Hamdi Shakeb Qanadelo.** Master in Public Health Program, An-Najah National University, 2010.
- **Haleama Al Sabbah:** External Examiner. Thesis title: Assessment of Complications among Patients with Type 2 diabetes attending diabetic clinics in governmental, privates, and UNRWA in the central region of the West Bank. Researcher: **Haneen Mahfouz.** Master in Public Health, Faculty of Public Health, Al Quds University, 2010.

4) Thesis Examiner for 6th year medical students

- **Haleama Al Sabbah:** Internal Examiner. Thesis title: Eradication of H pylori using three regimen of treatment. Using 3 diff ways, group A, Group B, and Group C. Researcher: **Hanin Yamin.** 6th year medical student, Faculty of Medicine, An-Najah National University, May 2011.
- **Haleama Al Sabbah:** Internal Examiner. Thesis title: Response to Rx of HCV hepatitis patients. Researcher: **Rana Da'ma.** 6th year medical student, Faculty of Medicine, An-Najah National University, May 2011.
- **Haleama Al Sabbah:** Internal Examiner. Thesis title: Prevalence of HCV in haemodialysis patients in Palestine. Researcher: **Asma Salahat, H.Ibrahim.** 6th year medical student, Faculty of Medicine, An-Najah National University, May 2011.

5) Referee in International Journals

- *BMC Public Health* 2014
- **Appetite**, Reviewer for manuscript: Eating habits, low physical activity, and sedentary behavior as the major determinants of overweight and obesity among Iranian adolescents: The role of socio-economic status. **Appetite** 2013.
- **Journal of Adolescent Health**, Reviewer for manuscript: Weight changing behaviours and their relationship with body dissatisfaction and body mass index: Results from a population-based sample of Swiss adolescent boys and girls. **JOA11-169, 2011**
- **Journal of Nutrition and Metabolism:** Reviewer for manuscript: The relationship of breakfast skipping with weight status in Syrian university students. **Journal of Nutrition and Metabolism** 2011.

- **Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, Dovepress.**
Reviewer for manuscript: Strategy to combat obesity and to promote physical activity in Arab countries. **DMSO 2011.**
- **Journal of Human Nutrition and Dietetics**, Reviewer for manuscript: Weight Management Programs for African American Women: Should the Message Differ by Weight Status? **JHND 2011.**
- **PEDIATRICS**, Reviewer for manuscript: Whey Protein Precipitating Moderate to Severe Acne in Teenage Athletes. **PEDIATRICS 2010.**
- **Journal of Nutrition and Dietary Supplements**, Reviewer for manuscript: Folic acid supplementation for the prevention for neural tube defects (NTD's): Promotion and use. **Nutrition and Dietary Supplements 2010.**
- **Journal of Human Nutrition and Dietetics**, Reviewer for manuscript: Sugar-sweetened drinks consumption, anthropometrics and aerobic fitness in 9-10 year old schoolchildren. **JHND 2010.**
- **Saudi Medical Journal**, Reviewer for manuscript: Weight satisfaction among adolescent girls in Alkhuber, Saudi Arabia between 1997 and 2007. **SMJ 2009.**
- **BMC-Public Health**, Reviewer for manuscript: Socio-demographic Correlates of Food Habits among School 1 Adolescents (12-15 year) in North Gaza Strip. **BMC-Public Health 2009.**
- **Journal of Adolescent Health**, Reviewer for manuscript: Measuring weight dissatisfaction in adolescent girls and young women. **JOA08-416R1, 2009.**
- **Public Health Nutrition**, Reviewer for a manuscript validating Physical Activity Levels (PAL) derived from accelerometers and 24-hour physical activity diaries (24-hr-AD) with the Heart Rate-oxygen consumption method (HRVO₂), and second, to compare the PALs derived from an epidemiological questionnaire with an accelerometer and 24-hr-AD. **PHN 2008.**

6) Other Service

- 2013-1014- Attending many conferences in Public Health and Nutrition in UAE.
- 2012 - Visiting Scholar, Harvard School of Public Health: Nutrition and Obesity conferences (3 conferences) and workshops (2 workshops) in addition to the weekly seminars conducted at the Harvard School of Public Health, Tufts Medical Center and Boston School of Medicine, Boston, USA. Medicine, Boston, USA.
- 2012 - Speaker at Rutgers University, New Jersey, USA. : Nutrition Related Behaviors among Palestinian adolescents.
- 2012 - Speaker at the University of California San Francisco (UCSF), San Francisco, California, USA : Body weight dissatisfaction and communication with parents

Languages

- **Arabic:** native
- **English:** Excellent (understanding, reading, speaking, writing)

- **Dutch/Flemish:** basic knowledge

Computer skills

- Reference Manager ⇒ Reference manger program
- Word processing ⇒ MS Word & Word Perfect
- Spreadsheet. ⇒ MS Excel
- Statistical software. ⇒ SPSS
- Slides presentation ⇒ MS Power Point
- Food processor ⇒ Nutrition analysis program
- Nutri-survey software ⇒ Nutritional assessment program
- Internet

Other skills

Communication and networking skills, Management, Supervision, Proposal writing and fundraising, Quantitative and Qualitative Research, Community Needs Assessments, Report Writing, Designing and Development of Health Research Tools, Teaching and Instruction, Health projects management, Monitoring and Evaluation (M&E), Power Point Presentations.

References

Will provide upon request